

Activity Ideas

 <p>Arts and crafts</p>	 <p>Making music</p>	 <p>Reading</p>
 <p>Photography</p>	 <p>Cycling</p>	 <p>Gardening</p>
 <p>Cooking and baking</p>	 <p>Shopping</p>	 <p>Quizzes</p>
 <p>Gigs, concerts and the theatre</p>	 <p>Computer</p>	 <p>Walking</p>

 <p>Nature and conservation</p>	 <p>Sports and keep fit</p>	 <p>Cinema</p>
 <p>Sewing and knitting</p>	 <p>Making things</p>	 <p>Watching sports</p>
 <p>Watching TV</p>	 <p>Pubs and discos</p>	 <p>Computer games</p>
 <p>Bowling</p>	 <p>Art galleries and museums</p>	 <p>Indoor games and puzzles</p>

 Cut out for group activities