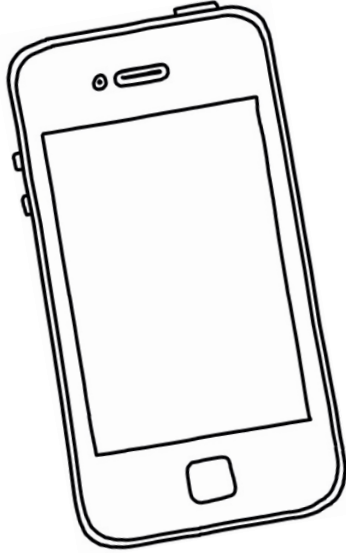


Information Sheet



Join and develop online social networks with friends and family to share information and keep up to date.

Social media enable you to create online networks by linking, following or 'friending' family and friends, individually and within groups.

Online social networks are useful for keeping in touch and sharing information and news.

You have to sign up or register to social networking sites to start using them. You may need an e-mail address to do this.

You can access social networking sites (or apps) through different devices, such as a computer, a tablet or a smartphone.

Most sites allow you to post and share text messages, photos, videos, and links to other websites.

It is useful to get advice, guidance or support before using any social media, or do it with friends and family or as part of a group.

Popular social networking sites include Facebook and Twitter.

WhatsApp supports text messaging and voice and video calls between users.

Other social media such as Instagram, SnapChat and TikTok specialise in sharing photos and videos but also support networking and messaging.