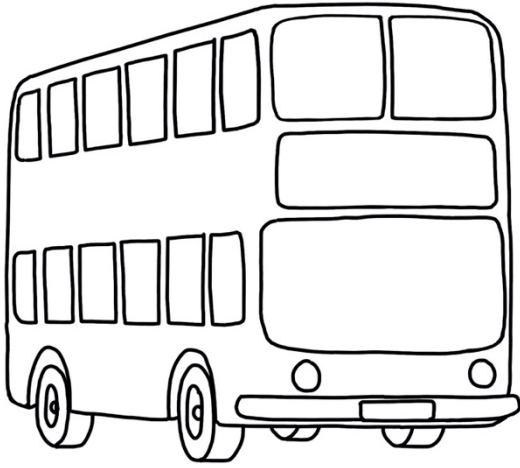


Information Sheet



Become more independent by learning how to travel on public transport.

Public transport includes buses, trains and trams.

Using public transport with a family member, a friend or a support worker can help you build the confidence you need to travel on your own.

You may also be able to participate in formal travel training with a group.

You will develop important skills such as how to use timetables, plan routes, and buy tickets or pay fares.

It is also important to learn how to keep safe when using public transport.

Learning to travel on your own can open up other opportunities, enabling you to lead a more independent life in your community.